



# SUNDAY FEBRUARY 1ST 2015 FROM 3PM MOUTERE HILLS COMMUNITY CENTRE

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## A wonderful summer celebration Sarau - a favourite

What better way to spend a late summer afternoon than at Sarau, many people's favourite festival? It's back this Sunday, February 1st from 3pm at the Moutere Hills Community Centre, Upper Moutere. Whatever your interests you are sure to find lots to intrigue you throughout the festival. There are many old favourites and some new stalls and there are competitions too. If you have children with you keep a special look out for their exciting area. If they're happy you can relax!


## Something for all!

There's great music, competitions, entertainment for children, stalls, food, photographs, a gigantic book stall, animals, raffles, a celebrity chef, the ever popular history tent and a Made in the Moutere stand and heaps of stalls. And more! All held together by compere, Emma Helleur.

And when you tire of strolling about there'll be plenty of hay bales under umbrellas for you to relax upon and chill out while you're entertained.



Jimu the clown tussles playfully with a young festival goer at last year's record Sarau Festival




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Authorised by Damien O'Connor MP, Parliament Buildings, Wellington

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## A happy country affair

### Soul, funk, blues and pop! \$3,500 to Cancer Society

The headline act is Trudi Wilson and the seven piece band, "Jasper". She hails from Nelson and has just released her first album. She's sung with the Wellington Symphony Orchestra, and has supported other well known New Zealand acts such as Julia Deans, Don McGlashen, Howard Morrison and the late Billy T James. Along with her mighty seven piece band, Trudi and Jasper will appeal whether you're in dance or listening mode. They have a wide variety of soul, funk, blues and pop!

### Award winning celebratory chef

Steve Richards, from our award winning Jester House is the celebratory chef this time. So don't miss him! You can be certain he'll have something superduper to share.

If you're wondering when everything's on, just check out the timetables which will be written on white boards and placed at strategic points around the ground.

### \$5 for the afternoon!

Thanks to NBS sponsorship there'll be plenty for the kids to do for only \$5 for the whole time. There's the NBS bouncy castle, a climbing wall, Monkey Motion, face painting, and pony rides. And there'll be pre school activities and back yard games. "It should make a difference to parents," said Katrina who is both the centre co-ordinator and mother of four.



Skyla (2), Mannix (5) and their mother Leonie McEnroe from Ngatimoti with their friend Catherine Channels from Motueka pick their blackcurrants early before the blazing sun makes picking too hot. Leonie's going to use her blackcurrants for jam and winter smoothies. This is her second year of picking at Philip and Jenny Leith's property where people are invited to pick their own after the machine has been through. Over the past few years Jenny has been able to pass on at least \$3,500 to the Cancer Society from the pickers' donations.

Leigh Briars  
ARCHITECTURE

Have a Great Day  
Everyone

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## Sarau's a real community effort Inspirational Jenny



Jenny Leith's incredible energy and efforts are pivotal to ensuring the success of this great festival each year, many committed locals come together with her. This will be the 8th such celebration and community fundraiser.

### Soldiers who fell

This year's history tent is particularly relevant as specially featured will be Eileen and Graeme Thawley's information about the soldiers of Upper Moutere who fell during World War 1. The couple collected all the information they could find and made a cross and biography file for each of the soldiers. The crosses will be on display at the front of the centre, the individual booklets in the history tent.

Eileen is hoping that the crosses on display will help make further connections with family members. "Some might recognise an uncle or grandfather" Information, which includes newspaper cuttings, letters, photographs and more has been collected from the internet, museums, library data bases and some from the family members of the soldiers. Eileen has been researching New Zealand's soldiers' stories since the 1990's.

History buffs will also appreciate the two new information panels in the centre and the original survey map of the area that will be displayed.

### Cook up a storm!

How about planning an entry into the Sarau Festival's Cooking Competition? While locals from Upper Moutere have had their fair share of prizes in past years, we invite foodies from near and far to take up the challenge. Show us what you can do with blackcurrants, whether it's a trusted family recipe or something creative or even experimental – there's sure to be a category for your entry.

The specific sections are: baking, desserts, preserves, a children's section, juice and wine and innovation section. Entry is free, so have your entry at the baking tent by 4pm.

### Vote for your favourite

Sadly it's too late to enter the Photographic Competition. Judge Lisa Ball has already made her decisions but do pop in and have a look at this year's entries. There are 87 photographs and you may vote for your favourite. Why not take a few photos for next year's competition?

Prizes for this have been donated by Upper Moutere businesses. Sadly this competition is not open to festival volunteers.



Last year the donkeys and the other personable animals delighted the youngsters.

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## Guess the landmark

Something really different is the new competition devised by keen local photographer, Libby Bibby – "Guess that landmark".

Ten local photographs at reasonably well known places around the Moutere will be posted around the grounds and you're asked to identify them and put your answers on the special sheets and take them to the photography tent and pop them into the ginormous box. This competition closes at 7pm and around 7.30pm. Ten winners will be drawn. Prizes have been donated by Upper Moutere businesses

**Below: Libby displays the large box her grandson designed. This is where you put your entries for the Landmark competition in the photography tent. Prizes for this have been donated by Upper Moutere businesses. Sadly this competition is not open to festival volunteers.**



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## Better than ever books

The ever popular book stall has really taken off this year. There are a huge number of books. "We have greatly increased the book selection for children and teens, so lots to choose from there. For adults there is a big range including many crime stories. There is an excellent range of novels, including books by NZ authors and some of the old classics," said book organiser extraordinaire, Sharon Beuke

## And lots more besides!

Local, Julie Booth and four other instructoras from Nelson's Tai Chi group along with the Riverside and Mapua members of the beginners class will demonstrate at 4.30pm. They'll give out \$15 vouchers for future classes.

A group of Filipino women who meet together as a support group monthly will be performing a traditional hat dance during the afternoon. They'll all wear hats decorated with flowers and it promises to be a really colourful spectacle.

## \$28,100 in 2014

As well as thoroughly enjoying their day out Mouterites are always delighted at the money the occasion leaves behind. Last year \$28,100 was raised and this was spread around.

Individual recipients were Josh Grant and Josh McPherson who received \$1500 between them to help after they were selected for the New Zealand Junior Softball team. As well community groups – the Upper Moutere Fire Brigade, Country Kids, the Moutere Youth Group, Rangers Rugby, Football and Netball clubs, Upper Moutere Tennis, the Moutere Cricket Club, and St Paul's Community Support Fund received help. And a new fountain was provided for the domain, a cycle-way/walkway linking Upper Moutere School and village with the Moutere Hills Community Centre benefited too, with the balance to Moutere Hills Community Centre to help with its refurbishment and the development of the Fitness Centre.

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## Sunday Meditation

Starts Sunday February 8th, 10am



Every Sunday 10am to 11.30am followed by vegetarian lunch. Geshe Tharchin will give a talk and meditation. All warmly welcome.

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So its definitely a great food to have in your freezer for year round use.

There's Sujon Blackcurrant Powder as well. To check out its properties go to the website

[www.sujonpowder.com](http://www.sujonpowder.com). Many athletes worldwide are discovering its benefits. Now it's being exported to place like China, the USA, Australia, and the UK – to name but a few.

All very good news for our local economy.



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A peaceful scene looking over the harvested blackcurrants in the Moutere Valley this week.

**Catch** Claire Dallison talking about the use of blackcurrant powder for elite athletes during the 2014 Commonwealth Games, and Brooke Bayliss-Brown talking about the use of Stevia in foods and drinks as a sugar substitute.

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